

# Ready for First



## Principles:

- Candidates must provide extended answers that include both reasons and relevant examples.
- Short, underdeveloped responses and pre-prepared answers are not acceptable.
- Please note that sub-questions are only examples. Interviewers may ask other questions depending on the direction of the conversation

## Note to Teachers:

*Use sub-questions to extend the candidate's ideas naturally, not to conduct an interview. Follow the direction of their response and aim for a genuine conversation while staying within the target language.*

# Unit 1

## Target Language

Habitual behavior, Be used to, get used to and used to

Lifestyle, clothes, get

### **1. How would you describe your current lifestyle? What are the key elements of it?**

Sub-questions:

- How has your lifestyle changed over time?
- What aspects of your lifestyle are you most used to?
- Are there any parts of your lifestyle you would like to change? Why?
- In what ways do you think your lifestyle will change in the future?
- Do you find it easy to get used to new changes in your lifestyle?

### **2. If you could change one aspect of your lifestyle, what would it be and why?**

Sub-questions:

- What kind of changes would you need to make in order to live a more ideal lifestyle?
- How would you feel about getting used to such a change?
- Do you think it would be difficult to adjust to a new way of living?
- What factors influence your lifestyle choices?
- Are you used to living a certain way, or are you constantly trying to make changes?

### **3. How has your lifestyle changed during the past decade?**

Sub-questions:

- What are the most significant changes you've made in the past ten years?
- Are you used to your current lifestyle, or is it something you're still getting used to?
- How has your daily routine evolved over time?
- Do you think you've developed new habits or behaviors that were different from the past?
- What do you think your lifestyle will look like ten years from now?

### **4. How would you describe the way of life in your country? How does it compare to the way people live in other countries?**

Sub-questions:

- Are there any aspects of your country's lifestyle that you are particularly used to?
- In what ways do you think the lifestyle in your country differs from other countries you've visited or know about?
- How do people in your country get used to certain lifestyle patterns?
- How easy or difficult do you think it is to change your lifestyle in your country?

### **5. Which country's lifestyle interests you the most? Why do you think you are attracted to it?**

Sub-questions:

- What elements of their lifestyle are you used to or could easily get used to?
- How do you feel about the differences in lifestyle when compared to your own?
- Would you be comfortable living a lifestyle similar to theirs, or would it be difficult to adapt?
- How do you think their lifestyle influences their general happiness or well-being?

**6. How has your career affected your lifestyle? Does it bring you closer to your ideal lifestyle?**

Sub-questions:

- Do you feel you are able to maintain the balance between your career and personal life?
- How did you get used to the demands of your career?
- Has your career made it harder to maintain a work-life balance?
- Would a different career bring you closer to your preferred lifestyle?
- In what ways has your career influenced your daily habits and routines?

**7. Do you think stability is important for a healthy lifestyle? Why or why not?**

Sub-questions:

- How has your lifestyle been influenced by the need for stability?
- Are there any areas of your life where you prefer more stability?
- Do you think people who are used to a stable lifestyle are happier?
- How do you manage lifestyle changes while trying to maintain stability?
- Can too much stability have a negative effect on your lifestyle? If so, in what ways?

**8. How do different careers require a special lifestyle?**

Sub-questions:

- Can you think of any careers that demand a specific lifestyle?
- Do you know anyone whose career has made them change their lifestyle? Was this change positive or negative?
- How does someone get used to a lifestyle that comes with a demanding career?
- Have you ever considered a career that would drastically change your lifestyle?
- Do you think it's important for someone to be used to the lifestyle that comes with their chosen career?

### **9. How has your style changed over time?**

Sub-questions:

- What elements of your style are you now used to wearing regularly?
- Do you get used to new trends quickly, or do you prefer sticking to what you know?
- How would you describe your style now compared to when you were younger?
- Are there certain types of clothing you used to wear but no longer do?
- How do your clothing choices reflect your lifestyle?

### **10. How do you feel about fashion trends? Do you follow them, or do you prefer to stick to your own style?**

Sub-questions:

- Have you ever tried to get used to a fashion trend that you didn't initially like?
- What fashion trends are you used to seeing around you?
- Do you think fashion trends influence people's lifestyles? How so?
- Are there any trends you used to follow but now find impractical or uncomfortable?
- How do you feel about people who are always trying to stay up-to-date with the latest trends?

### **11. Do you think fashion trends have an impact on a person's lifestyle?**

Sub-questions:

- Are there trends that you are now used to, even though you initially didn't like them?
- Do you think it's important to get used to certain trends in order to fit in with a specific lifestyle?
- How do you balance following trends with staying true to your personal style?
- Are there any trends you think are completely out of touch with your lifestyle?
- How easy or difficult do you think it is to get used to fast-changing trends?

## Unit 2

### Target Language

#### Gerunds and infinitives

#### Music, Sport

### 1. When you listen to music, what matters more to you, the melody or the lyrics? Why?

Sub-questions:

- How important is it for you to understand the lyrics of a song?
- Do you prefer listening to music to relax or to energize yourself?
- Have you ever listened to music to help express how you were feeling?
- Do you think lyrics need to be meaningful to enjoy a song?
- Is it common for people to use music as a way to cope with emotions?

### 2. Do you think certain sports or physical activities should be mandatory in schools? Why or why not?

Sub-questions:

- What are the benefits of doing sports regularly at school?
- Do you think students enjoy being forced to play certain sports?
- How can physical education classes be improved?
- Should students be allowed to choose what sport they want to do?
- Do you remember enjoying or hating any school sport? What made you feel that way?

**3. Why do you think people are drawn to extreme sports? What makes them exciting or dangerous?**

Sub-questions:

- Have you ever tried or wanted to try an extreme sport? Why or why not?
- What are the risks of doing extreme sports, physically or mentally?
- Could the thrill of extreme sports become addictive? Why might that happen?
- Do you think extreme sports should be encouraged or discouraged in young people?
- Is watching extreme sports as thrilling as doing them?

**4. What are your main interests or dislikes when it comes to music or sports?**

Sub-questions:

- Is there a sport or music genre you've tried but couldn't enjoy?
- Do you prefer watching or participating in sports? Why?
- Are you more into listening to music or making music?
- What makes a sport or type of music enjoyable or boring to you?
- Have your interests changed over time? What made you stop or start liking something?

**5. How would you define happiness, and do you think it's realistic to feel happy all the time?**

Sub-questions:

- What usually makes you feel truly happy?
- Is it unhealthy to force yourself to stay happy all the time?
- What do you think about people who avoid negative emotions?
- Do certain activities (e.g., exercising, playing music) make it easier to feel happy?
- How much control do we really have over our happiness?

**6. What are the most popular sports in your country, and why do you think they've become so common?**

Sub-questions:

- Do people prefer watching or playing sports in your country?
- Are there any traditional sports unique to your culture?
- What kind of influence do local athletes have on young people?
- Has the popularity of any sport changed over the years?
- What do you think could make a sport more popular in your country?

**7. Have you ever taken part in a sports competition? What was the experience like?**

Sub-questions:

- How did you prepare for the event?
- Were you motivated by winning or just by participating?
- What did you learn from the experience?
- Would you do it again? Why or why not?
- How do you usually feel about competing?

**8. Do you think some animals are unfairly stereotyped in language or culture?**

Sub-questions:

- Can you think of expressions or idioms that misrepresent animal intelligence or behavior?
- Why do you think certain animals are seen as “smart” or “dumb”?
- Have you ever changed your view about an animal after learning more about it?
- What do you think about the way animals are portrayed in media or advertising?
- Are humans good at understanding animal behavior?



**9. What does it take to stay motivated when learning a new skill, like a musical instrument or a sport?**

Sub-questions:

- Have you ever started learning something and given up? What happened?
- What motivates people to keep practicing a difficult skill?
- Do you believe in natural talent or in consistent effort? Why?
- Is it harder to stay motivated when you're not seeing quick results?
- Do you think children should be pushed to continue practicing, even when they want to quit?

**10. Do you think music or sports can improve mental health? In what ways?**

Sub-questions:

- Have you ever used physical activity or music to manage stress?
- Why do some people find playing sports or making music therapeutic?
- What's more effective for mental well-being, relaxing or staying active?
- Do you think schools should focus more on emotional well-being through the arts and sports?
- Have you noticed how your mood changes after doing something active or creative?