
BBC LEARNING ENGLISH

6 Minute English worksheet

What's your favourite kind of noodle?



Listen to the full episode here: <https://bbc.in/4iQP834>

1. Look at the cover image and title of the episode. What do you think this episode is about? What do you know about this topic already? What vocabulary do you associate with this topic?

2. Now listen to the first two minutes of the episode.

- What do the presenters say the episode is about?
- What is this week's question? What do you think the answer is?

3. Now listen to the whole episode. As you listen, write down the six items of vocabulary. What do they mean?

a) Word/phrase: _____

It means: _____.

b) Word/phrase: _____

It means: _____.

c) Word/phrase: _____

It means: _____.

d) Word/phrase: _____

It means: _____.

e) Word/phrase: _____

It means: _____.

f) Word/phrase: _____

It means: _____.



4. What did you learn that was surprising or new in this episode?

5. Answer the quiz questions. Listen again or use the transcript to help you.

1. How did noodles spread from ancient China to other parts of the world?
 - a) on the Silk Road
 - b) on the Noodle Road
 - c) on the Silk Highway
2. What does the adjective 'exotic' mean?
 - a) easy to find
 - b) foreign, unusual and exciting
 - c) romantic
3. If you 'change something in a new creative way', you give it a _____.
 - a) turn
 - b) try
 - c) twist
4. What is the Sichuan region of China famous for?
 - a) sweet noodles
 - b) spicy noodles
 - c) sour noodles
5. Which idiom means 'to do things which challenge normal acceptable behaviour'?
 - a) push the boat out
 - b) push the boundaries
 - c) push someone's buttons
6. Jen Lin-Liu doesn't believe that pasta _____ from noodles.
 - a) evolved
 - b) revolved
 - c) devolved



6. Write your own sentences using the vocabulary.

7. Answer the following questions.

- What are three things you have learnt from this episode?
- How does this topic make you feel?
- Give three examples relevant to your life using the vocabulary.

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Answers

3.

- a. give (something) a twist – change or alter something in a creative way to make something new and exciting
- b. exotic – unusual and exciting because of coming from far away
- c. at one point or another – at some unspecified time in the past
- d. tweak – change or alter something slightly to improve it
- e. evolve – develop and change gradually
- f. push the boundaries – (idiom) do things which challenge normal acceptable behaviour

5. 1a, 2b, 3c, 4b, 5b, 6a

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Teacher's notes

This worksheet is standardised so that you can amend and use it as appropriate with your classes.

Some topics may be difficult for learners, especially those which could be upsetting or cause offence. Please be mindful of this when using this worksheet, and adapt it as necessary.

Extension activities

- Role-play an interview with an 'interviewer' and an 'expert' on this topic.
- Write a short story or article using the vocabulary from this episode.
- Read original articles on this topic.
- For homework: If it is available in your country, download and listen to the original podcast these extracts were taken from.