



Listen to the full episode here: <https://bit.ly/4kivJIY>

1. Look at the cover image and title of the episode. What do you think this episode is about? What do you know about this topic already? What vocabulary do you associate with this topic?

2. Now listen to the first two minutes of the episode.

- What do the presenters say the episode is about?
- What is this week's question? What do you think the answer is?

3. Now listen to the whole episode. As you listen, write down the six items of vocabulary. What do they mean?

a) Word/phrase: _____

It means: _____.

b) Word/phrase: _____

It means: _____.

c) Word/phrase: _____

It means: _____.

d) Word/phrase: _____

It means: _____.

e) Word/phrase: _____

It means: _____.

f) Word/phrase: _____

It means: _____.



4. What did you learn that was surprising or new in this episode?

5. Answer the quiz questions. Listen again or use the transcript to help you.

1. Which word describes things you have bought which 'fill up space in your home in an untidy, disorganised way'?
 - a) gifts
 - b) clutter
 - c) memorabilia
2. Which adjective means 'feeling cheerful, positive and happy'?
 - a) uplifted
 - b) upscaled
 - c) upskilled
3. "When Eric moved to Paris, he could not speak a word of French. He soon realised he had _____."
 - a) swallowed more than he could eat
 - b) eaten more than he could stomach
 - c) bitten off more than he could chew
4. If your brain 'has to work extra hard using lots of energy', it _____.
 - a) works double time
 - b) works overtime
 - c) works undertime
5. What does it mean to do something 'with all guns blazing'?
 - a) do it violently
 - b) do it with energy and enthusiasm
 - c) do it without anyone else
6. Which phrase describes something which is done 'in a gradual but reliable way which will definitely achieve the desired result'?
 - a) slowly but surely
 - b) same but different
 - c) close but wrong



6. Write your own sentences using the vocabulary.

7. Answer the following questions.

- What are three things you have learnt from this episode?
- How does this topic make you feel?
- Give three examples relevant to your life using the vocabulary.

BBC LEARNING ENGLISH

6 Minute English worksheet

Do you need to declutter your home?



Answers

3.

- a. clutter – things which fill up space in your home in an untidy, disorganised way
- b. work overtime – work extra hard using lots of energy, or work longer than your set hours
- c. uplifted – feeling cheerful, happy, positive and optimistic
- d. slowly but surely – done in a gradual but reliable way which will definitely achieve the desired result
- e. with all guns blazing – (idiom) with lots of energy and enthusiasm
- f. bite off more than you can chew – (idiom) try to do something which is too difficult for you

5. 1b, 2a, 3c, 4b, 5b, 6a

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Do you need to declutter your home?



Teacher's notes

This worksheet is standardised so that you can amend and use it as appropriate with your classes.

Some topics may be difficult for learners, especially those which could be upsetting or cause offence. Please be mindful of this when using this worksheet, and adapt it as necessary.

Extension activities

- Role-play an interview with an 'interviewer' and an 'expert' on this topic.
- Write a short story or article using the vocabulary from this episode.
- Read original articles on this topic.
- For homework: If it is available in your country, download and listen to the original podcast these extracts were taken from.